



**Immanuel
Whitestone**
a mosaic ministry

**Learning,
Living, and
Sharing
Christ's Love
to All!**

Celebrating 125 years of Ministry (1895-2020)

Brothers and Sisters in Christ,

Cast your burden on the Lord, and he will sustain you – Psalm 55:22

It is easy to be anxious in uncertain times. The coronavirus can be a cause of concern and fear. The psalmist reminds us that we are to cast all our burdens on our Lord. It is his promise which sustains us.

As we, the church, walk together, I write to share with you these thoughts and plans regarding the coronavirus.

Since the best method of preventing the transmission of the virus is washing hands I encourage you to either wash your hands or utilize hand sanitizer. We are doing our best as a church to provide dispensers for your use.

The recommendations from the CDC ([CDC.gov](https://www.cdc.gov)) are as follows:

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.

You are always welcome at church. However, if you are feeling ill or have a fever, please stay home. You can let me know that you are unable to come, and I will do my best to reach out to you, to check in, and pray with you.

Holy Communion will continue to be offered at Immanuel. This is the Lord's Supper. It is a place in which He comes to us offering the forgiveness of sins, life and salvation. As an extra precaution we have switched to only using individual cups rather than the common cup for the time being.

The challenge in this life is to recognize the reality of the situation while not allowing anxiety or fear to control us. We always live in the grace of God as his chosen children. So cast your burden on the Lord and He will sustain you.

In times like this we are particularly grateful for the strength and togetherness of our church family. I am holding you all in my prayers, and I ask that you join me in praying for one another, our community, country, and the world.

Feel free to reach out to me, members of the Immanuel staff, or parish planning committee if you have further concerns and would like to talk to someone directly.

In Christ,

Pastor Johnson Rethinasamy



LENTEN BIBLE STUDY ON THE BOOK OF JONAH — Lenten Bible Study is on **Thursdays at 7:30pm**. Bible study guides can be found on the table in the Narthex. The guide can also be downloaded free from the [church website](#) or by clicking [here](#).



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Immanuel Lutheran's mission is to share God's love to all. It's ministries exist to serve the community and grow the Church. You can offer your support for the many ministries at Immanuel by giving here.

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